

**JAMES D. DOORLEY, M.A.**

Department of Psychology  
 George Mason University  
 jdoorley@gmu.edu  
 (774)-219-6643

**EDUCATION**

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**GEORGE MASON UNIVERSITY**, Fairfax, VA

Doctoral Student - Clinical Psychology, Fall 2014 - Present (Ph.D. expected 2020)

Advisor: Todd Kashdan, Ph.D.

**UNIVERSITY OF MASSACHUSETTS AMHERST**, Amherst, MA

Bachelor of Arts in Psychology, May 2012 (*Cum Laude*)

**GRANTS AND AWARDS**

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**March 2017****Graduate Student Travel Fund Award**

George Mason University Office of Graduate Education - \$395

**May 2016****Provost Research Grant**

George Mason University College of Humanities and Social Sciences – \$1,500

**October 2015****Graduate Student Travel Fund Award**

George Mason University Office of Graduate Education - \$350

**RESEARCH EXPERIENCE**

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**2015 – Present****The Well-Being Laboratory**

**George Mason University**, Fairfax, VA

*Graduate Research Assistant*

Advisor: Todd Kashdan, Ph.D.

- Assist with study design, participant screening, data collection, and semi-structured interviews for a large-scale, privately funded study of psychological flexibility among community adults.
- Conduct semi-structured diagnostic interviews (SCID) for NIAAA-funded study of social anxiety and alcohol use among individuals with social anxiety disorder and healthy controls.
- Mentor undergraduate research assistants in research procedures, writing, and statistical analysis.

**2014 – 2015****Adolescent Mental Health Promotion Lab**

**George Mason University**, Fairfax, VA

*Graduate Research Assistant*

Advisor: Christianne Esposito-Smythers, Ph.D.

- Managed recruitment, participant screening, data collection, and analysis for a federally funded clinical trial of a novel cognitive-behavioral treatment for court-involved youth.
- Conducted baseline and follow-up assessments.

- Supervised and trained undergraduate research assistants in data entry and other study procedures.

**2012 – 2014**

**Depression Clinical and Research Program  
Massachusetts General Hospital, Boston, MA**

*Clinical Research Coordinator*

Directors: Maurizio Fava, M.D., Andrew Nierenberg, M.D., Jonathan Alpert, M.D.

- Independently managed recruitment, regulatory materials, and data collection for the following clinical research studies in depression: An NIMH-funded, multi-site, Proof-of-Concept trial on Low Frequency Magnetic Stimulation (LFMS) Augmentation of antidepressant therapy in treatment-resistant depression. A three-phase, federally funded study testing the efficacy, tolerability and safety of Ziprasidone with escitalopram for patients with treatment-resistant Major Depressive Disorder (MDD). A study examining mindfulness-based cognitive therapy for chronic pain and co-morbid unipolar depression. A study evaluating the efficacy of low-dose Naltrexone augmentation for breakthrough symptoms of MDD.
- Conducted diagnostic screenings and study placement, phlebotomy, monitoring of vital signs, EKG administration, EEG and QEEG collection, paper-based and computerized neuropsychological test administration.
- Prepared and managed regulatory materials for the Internal Review Board. Assisted with data management, analysis, and manuscript preparation.
- Coordinated weekly seminars for RAs focused on the mental health field and career development.
- Edited *Mind, Mood and Memory*, a monthly publication by Massachusetts General Hospital dedicated to informing readers about the prevention and treatment of age-related medical and mental health issues.

**2013**

**Laboratory for Clinical and Developmental Research  
Harvard University, Cambridge, MA**

*Volunteer Research Assistant*

Director: Matthew Nock, Ph.D.

- Volunteered 5-10 hours of time per week to the Army STARRS SHOS-A: Suicide Attempter Case Control Study, which seeks to distinguish active-duty service members hospitalized for attempted suicide from non-hospitalized controls.
- Transcribed audio clips of semi-structured interviews between clinicians and military personnel.
- Checked completed transcriptions for accuracy.
- Organized study materials and enter data into SPSS/Excel.

**2011 – 2012**

**Psychotherapy Research Lab  
University of Massachusetts, Amherst, MA**

*Research Assistant*

Advisor: Michael Constantino, Ph.D.

- Provided assistance for research studies investigating the effects of various client variables on the process/outcome of psychotherapy.
- Administered research instruments to psychotherapy clients.
- Coded and entered research data. Participated in research team meetings.

- Summer 2011**      **Methods to Improve Diagnostic Assessment and Services (MIDAS) Project**  
**Rhode Island Hospital Department of Psychiatry, Providence, RI**  
*Summer Psychology Intern*  
 Advisor: Mark Zimmerman, M.D.
- Aided in the administration of semi-structured clinical interviews to psychiatric patients and wrote screening notes for incorporation in the patients' medical records.
  - Organized and entered data for current studies and collected and compiled data for future studies.
  - Participated in clinical rounds, journal meetings, and seminars presented by staff psychologists and psychiatrists.
- Spring 2010**      **Neuroendocrine Research Laboratory**  
**University of Massachusetts, Amherst, MA**  
*Research Assistant*  
 Advisor: Agnes Lecreuse, Ph.D.
- Monitored, cared for, and interacted with non-human primates in psychological and neuroendocrine studies.
  - Administered computer-based tests of memory and cognitive function to non-human primates.
  - Collected and managed data using Microsoft Excel and SPSS software.

## **PUBLICATIONS**

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Williams, C. A., **Doorley, J.**, Esposito-Smythers, C. (accepted). Interpersonal rejection sensitivity mediates the associations between peer victimization and two high-risk outcomes. *Clinical Child Psychology and Psychiatry*.

De Jong, M., Peeters, F., Gard, T., Ashih, H., **Doorley, J.**, Walker, R., Rhoades, L., Kulich, R.J., Kueppenbender, K.D., Alpert, J.E., Hoge, E.A., Britton, W.B., Lazar, S.W., Fava, M., & Mischoulon, D. (in press). A randomized controlled pilot study on mindfulness-based cognitive therapy for unipolar depression in patients with chronic pain. *Journal of Clinical Psychiatry*.

Kashdan, T. B., **Doorley, J.**, Stikma, M. C., & Hertenstein, M. J. (in press). Discomfort and avoidance of touch: new insights on the emotional deficits of social anxiety. *Cognition and Emotion*.

**Doorley, J.**, Williams, C., Mallard, T., Esposito-Smythers, C., & McGeary, J. (in press). Sexual trauma, the dopamine D4 receptor, and suicidal ideation among hospitalized adolescents: A preliminary investigation. *Archives of Suicide Research*.

Mallard, T. T., **Doorley, J.**, Esposito-Smythers, C. L., & McGeary, J. E. (2016). Dopamine D4 receptor VNTR polymorphism associated with greater risk for substance abuse among adolescents with disruptive behavior disorders: Preliminary results. *The American Journal on Addictions*, 25, 56-61.

Jeon, H.J., Fava, M., Mischoulon, D., Baer, L., Clain, A., **Doorley, J.**, DiPierro, M., & Papakostas, G. (2015). Efficacy of ziprasidone monotherapy in patients with anxious depression: a 12-week, randomized, double-blind, placebo-controlled, sequential-parallel comparison trial. *Journal of Psychiatric Research*, 62, 56-61.

Jeon, H.J., Fava, M., Mischoulon, D., Baer, L., Clain, A., **Doorley, J.**, DiPierro, M., Cardoos, A., & Papakostas, G. (2014). Psychomotor symptoms and treatment response of ziprasidone monotherapy in

patients with major depressive disorder: a 12-week, randomized, double-blind, placebo-controlled, sequential-parallel comparison trial. *International Clinical Psychopharmacology*, 29, 332-338.

Nyer, M., **Doorley, J.**, Durham, K., Yeung, A. S., Freeman, M. P., & Mischoulon, D. (2013). What is the role of alternative treatments in late-life depression?. *Psychiatric Clinics of North America*, 36, 577-596.

## BOOK CHAPTERS

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Matthews, J. D., & **Doorley, J.** (2016). Cognitive behavioral therapies for chronic depression. In *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (pp. 301-317). Springer New York.

## MANUSCRIPTS UNDER REVIEW

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**Doorley, J.**, T.B., Kashdan, Alexander, L., Blalock, D., & McKnight, P. E. Distress tolerance in romantic relationships: A daily diary exploration of stability and benefits with methodological considerations. *Journal of Research in Personality*.

## TALKS

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**Doorley, J.**, Kashdan, T.B., Alexander, L.A., Blalock, D.V., & McKnight, P.E. (2017). Distress tolerance in romantic relationships: A daily diary exploration of stability and benefits with methodological considerations. *Presented at the 29<sup>th</sup> annual conference for the Association for Psychological Science, Boston, MA.*

**Doorley, J.** (October 2016). The effects of sexual dysfunction and social anxiety on next-day negative affect. *Talk given at the Measurement Research Methodology Evaluation Statistics (MRES) Data Blitz, Fairfax, VA.*

## PRESENTED ABSTRACTS

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**Doorley, J.**, Stikma, M., & Kashdan, T. (October 2016). Discomfort and avoidance of touch: New insights on the emotional deficits of social anxiety. *Poster presented at the 50<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapy, New York, NY.*

Williams, C.A., **Doorley, J.**, Chen, E., Fatseas, E., & Esposito-Smythers, C. (October 2016). Differential associations between two social networking sites and suicidal ideation among first-year college students: Examining the need to belong as a potential moderator. *Poster presented at the 50<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapy, New York, NY.*

Williams, C. A., Disabato, D. J., **Doorley, J.**, Cogliano, S., & Esposito-Smythers, C. (November 2015) Why can experiencing dating violence lead to a suicide attempt? Increased interpersonal sensitivity as a mediator. *Poster presented at the 49th annual meeting of the Association of Behavioral and Cognitive Therapy, Chicago, IL.*

**Doorley, J.**, Mallard, T., Williams, C., & Esposito-Smythers, C. (October 2015). Sexual trauma, the dopamine D4 receptor, and suicidal ideation among hospitalized adolescents. *Poster presented at the IASR/AFSP International Summit on Suicide Research, New York, NY.*

Williams, C., **Doorley J.**, & Esposito-Smythers, C. (October 2015). Interpersonal sensitivity as a mediator of the association between peer victimization and suicidal ideation. *Poster presented at the IASR/AFSP International Summit on Suicide Research, New York, NY.*

**Doorley, J.**, Walker, R., Baer, L., Fava, M., & Farabaugh, A. (October 2013). Suicidal ideation and stress in college students: Moderating effects of gender. *Poster presented at Massachusetts General Hospital Clinical Research Day, Boston, MA.*

Fisher, L. B., **Doorley, J.**, Farabaugh, A., Nyer, M., & Pedrelli, P. (April 2013). The potential relationship between binge drinking, hopelessness, and suicidal behavior in college students. *Poster presented at the 46<sup>th</sup> Annual Conference of the American Association of Suicidology, Austin, TX.*

**Doorley, J.**, De Jong, M., Walker, R., Martinson, M., Durham, K., Fava, M., Mischoulon, D., & Ashih, H. (November 2013). Mindfulness based cognitive therapy as a treatment for depressive symptoms in patients with chronic pain. *Poster presented at the 47<sup>th</sup> Annual Conference of the Association of Behavioral and Cognitive Therapies, Nashville, TN.*

Martinson, M., Ashih, H., Durham, K., **Doorley, J.**, Walker, R., Fava, M., De Jong, M., & Mischoulon, D. (November 2013). Effectiveness of mindfulness based cognitive therapy in reducing pain intensity and unpleasantness in individuals with chronic pain and comorbid depression. *Poster presented at the 47<sup>th</sup> Annual Conference of the Association of Behavioral and Cognitive Therapies, Nashville, TN.*

Durham, K., De Jong, M., **Doorley, J.**, Walker, R., Martinson, M., Fava, M., Mischoulon, D., & Ashih, H. (November 2013). Mindfulness based cognitive therapy for chronic pain and comorbid depression may improve concentration and decision-making, general interest and fatigue. *Poster presented at the 47<sup>th</sup> Annual Conference of the Association of Behavioral and Cognitive Therapies, Nashville, TN.*

Walker, R., Mischoulon, D., Martinson, M., Durham, K., **Doorley, J.**, Fava, M., Ashih, H., & De Jong, M. (November 2013). Mindfulness based cognitive therapy for chronic pain and depression: Randomized controlled trial. *Poster presented at the 47<sup>th</sup> Annual Conference of the Association of Behavioral and Cognitive Therapies, Nashville, TN.*

## **TEACHING EXPERIENCE**

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**Spring 2017**

**Forensic Psychology**

George Mason University, Fairfax, VA  
*Graduate Teaching Assistant*

**Psychology of Death, Dying, and Bereavement**

George Mason University, Fairfax, VA  
*Graduate Teaching Assistant*

**Fall 2016**

**Abnormal Psychology**

George Mason University, Fairfax, VA  
*Graduate Lecturer*

**Spring 2016**

**Abnormal Psychology (two sections)**

George Mason University, Fairfax, VA  
*Graduate Lecturer*

**Fall 2015**

**Abnormal Psychology**

George Mason University, Fairfax, VA  
*Graduate Lecturer*

**Spring 2015**      **Research Methods in Psychology**  
 George Mason University, Fairfax, VA  
*Graduate Lab Instructor*

**Fall 2014**      **Research Methods in Psychology**  
 George Mason University, Fairfax, VA  
*Graduate Lab Instructor*

**Spring 2012**      **Social Psychology**  
 University of Massachusetts, Amherst, MA  
*Undergraduate Teaching Assistant*  
 Advisor: John Bickford, Ph.D.

**Fall 2011**      **Abnormal Psychology**  
 University of Massachusetts, Amherst, MA  
*Undergraduate Teaching Assistant*  
 Advisor: Richard Halgin, Ph.D.

## **CLINICAL EXPERIENCE**

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**2017 – Present**      **Concussion Clinic – Sports Medicine**  
**INOVA Hospital, Falls Church, VA**  
*Psychology Extern*

- Conduct intake assessments and brief psychotherapeutic interventions (e.g., cognitive-behavioral skills, mental training skills for sport performance enhancement) for athletes of all ages and skill levels.
- Administer cognitive assessments to athletes (e.g., ImPACT, WISC, WAIS, CVLT) to diagnose concussions and track post-concussion recovery.
- Deliver educational workshops to local student athletes about concussion detection and prevention.
- Assist with database management and statistical analysis.
- Participate in weekly individual supervision.

*Licensed Supervisor: Melissa Womble, Ph.D.*

**2017 – Present**      **Behavioral Health – Pediatric Endocrine Unit**  
**Pediatric Specialists of Virginia, Fairfax, VA**  
*Psychology Extern*

- Conduct intake assessments, plan and implement behavioral health interventions, and deliver brief psychotherapeutic interventions (e.g., motivational interviewing, cognitive-behavioral skills, behavior modification) for children and adolescents diagnosed with Type I diabetes and their families.
- Attend weekly meetings to coordinate care with nurses, psychologists, and physicians.
- Participate in weekly individual supervision.

*Licensed Supervisors: Robyn Mehlenbeck, Ph.D. and Patty Ferssizidis, Ph.D.*

- 2017 – Present**                      **Behavioral Health – Adult Outpatient Services**  
**INOVA Hospital**, Fairfax, VA  
*Psychology Extern*
- Conduct weekly psychotherapy (e.g., cognitive behavioral therapy, dialectical behavior therapy, motivational interviewing) with four adults with severe mental illness (e.g., severe mood and anxiety disorders, psychotic disorders, personality disorders, substance abuse).
  - Conduct semi-structured and structured psychodiagnostic interviews.
  - Participate in weekly individual supervision.  
*Licensed Supervisors:* Robyn Mehlenbeck, Ph.D. and Patty Ferssizidis, Ph.D.
- 2015 – Present**                      **Center for Psychological Services**  
**George Mason University**, Fairfax, VA  
*Graduate Student Psychotherapist*
- Conduct semi-structured and structured psychodiagnostic interviews.
  - Provide weekly psychotherapy (e.g., cognitive-behavioral therapy, dialectical behavior therapy) for diverse clients including children, adolescents, and adults (presenting with anxiety disorders, affective disorders, eating disorders, substance use disorders, personality disorders, trauma, and relationship difficulties).
  - Provide weekly group-based psychotherapy for adolescents with social anxiety disorder using a 12-week manualized cognitive-behavioral intervention.
  - Consult with clients' psychiatrists, physicians, school counselors, and parents to coordinate treatment.
  - Attend didactic training at both the Center for Psychological Services and GMU Counseling and Psychological Services on topics such as suicide prevention, dialectical behavior therapy, and diversity issues.
  - Participate in weekly individual and group supervision  
*Licensed Supervisors:* Christianne Esposito-Smythers, Ph.D., Sarah Fischer, Ph.D., Christine Golden, Ph.D., Keith Renshaw, Ph.D., Robyn Mehlenbeck, Ph.D., Alice Zafiridis, Ph.D.
- 2015 – Present**                      **Center for Psychological Services**  
**George Mason University**, Fairfax, VA  
*Graduate Student Psychodiagnostic Examiner*
- Conduct comprehensive psychoeducational assessments including diagnostic evaluations for attention-deficit/hyperactivity disorder, learning disorders, and other socioemotional disorders in children, adolescents, and adults.
  - Complete assessment reports and provide personalized feedback and recommendations.  
*Licensed Supervisors:* Holly Zanville, Ph.D., Robyn Mehlenbeck, Ph.D.

## **COMMUNITY SERVICE**

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- 2013**                                      **Big Brothers Big Sisters (BBBS)**  
 Boston, MA
- Served as a positive adult role model for a 12-year-old mentee.
  - Offered a consistent, encouraging, and enjoyable atmosphere for my mentee through various biweekly activities.

- Worked closely with my mentee's parents in conjunction with BBBS match support to share my progress, communicate concerns, and receive feedback.

**Spring 2012****Veterans Administration Medical Center**

Northampton, MA

Supervisor: Marian MacDonald, PhD

- Aided the hospital's medical staff in transporting and assisting patients with everyday activities.
- Talked with and provided companionship for patients suffering from various psychological disorders.
- Helped increase the quality of the overall experience for patients and employees.

**Spring 2012****Hampshire County Jail and House of Corrections**

Northampton, MA

Supervisor: Marian MacDonald, PhD

- Administered manualized, decisional training intervention designed to help clients with decision-making, reflection, frustration tolerance and cognitive flexibility using CBT-related techniques.
- Discussed the inmate's emotional and psychological experiences regarding his incarceration, his feelings about his past, and his plans for the future in an effort to promote acceptance and change motivation.
- Maintained weekly session notes and discussed sessions in group meetings as a component of an advanced clinical psychology undergraduate course.

**Spring 2012****Communication Partners Program**

University of Massachusetts, Amherst, MA

- Worked individually with an international teaching assistant over the course of the semester to help him communicate more effectively with his students.
- Taught the international TA about American culture and about life at the University of Massachusetts.
- Assisted the international TA with grammar, pronunciation, and overall language skills.

**PROFESSIONAL SERVICE**

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**TRAINEE REVIEWER:**

Acta Psychiatrica Scandinavica (Supervisor: Soren Ostergaard, M.D.)

**PROFESSIONAL MEMBERSHIPS:**American Association of Suicidology, *Student Member* (Aug. 2013 – Present)Association for Behavioral and Cognitive Therapies, *Post-Bacc Member* (Nov. 2013 – Present)**SCIENTIFIC CONSULTATION:**

National Geographic (2015). Measurement research and recommendations for program evaluation (e.g., empirically supported measures of scientific problem solving)

*Lead Scientific Consultant: Todd Kashdan, Ph.D.***GATEKEEPER TRAINER:**



George Mason University (2016 – Present). Lead educational seminars for students, faculty, and staff on the topic of recognizing and responding to suicide risk among university students.