

Maria A. Larrazabal, B.S.

Department of Psychology
 College of William and Mary
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EDUCATION

M.A.	expected May 2019	College of William & Mary , Williamsburg, VA Psychology Advisor: Christopher Conway, Ph.D.
B.S.	May 2012	Iowa State University , Ames, IA Psychology; Sociology Summa Cum Laude

HONORS AND SCHOLARSHIPS

Third place in Undergraduate Poster Competition at Iowa State University	(2016)
Sociology Department Undergraduate Achievement Award	(2014)
Top 2% of Psychology Undergraduate Class	(2012-2016)
Dean's list, College of Liberal Arts & Sciences	(2012-2016)
Gold International Student Ambassador Scholarship	(2012-2016)

MANUSCRIPTS IN PRESS

Goodman, F.R., **Larrazabal, M. A.**, West, J. T., Kashdan, T. B. (in press). Experiential avoidance across anxiety disorders. *Cambridge handbook of anxiety and related disorders*. Cambridge, UK: Cambridge University Press.

POSTERS AND PRESENTATIONS

Goodman, F. R., **Larrazabal, M. A.**, & Doorley, J. D. (2017, November). *Maximize pleasure or minimize pain? Implicit beliefs about well-being moderate the relationship between anxiety and well-being*. Poster to be presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA

Disabato, D. J., Kashdan, T. B., Goodman, F. R., **Larrazabal, M. A.**, & West, J. T. (2017, November). *Hidden problems in the measurement of experiential avoidance: Indiscrimination and tautologies*. Poster to be presented at the annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA

Feinberg, J., Lameira, D. M., Short, J. L., & **Larrazabal, M. A.** (2017, May). *Daily bi-directional effects of exercise intensity and self-esteem for younger adults*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.

Larrazabal, M.A., Polo, A., Goya, A., (2016, April). *The role of gender in the relationship between perfectionistic self-presentation and suicidal behavior in low-income Latino youth*. Poster presented at the Society for Research on Adolescents Biennial Meeting in Baltimore, MD.

SCIENTIFIC RESEARCH TRAINING

GEORGE MASON UNIVERSITY, Fairfax, VA

The Well-Being Lab

Lab director: Todd Kashdan, Ph.D.

Research Assistant

August 2016-March 2017

Assisted with development and implementation of two grant-funded research projects. One was focused on the nature of psychological flexibility within a sample of community adults and the other was focused on alcohol consumption among individuals diagnosed with social anxiety disorder. Assisted with development and revision of study protocol. Assisted with development of study surveys in Qualtrics. Recruited community participants and administered study questionnaires. Conducted semi-structured clinical interviews (Life Events interview) with healthy adults and individuals diagnosed with social anxiety disorder. Conducted statistical analyses using SPSS. Conducted literature reviews and summarized literature for survey development and book chapter preparation. Conducted literature review and coded articles for a meta-analysis on emotion regulation within anxiety disorders.

Study Coordinator

March 2017-July 2017

Coordinated a National Institute of Health grant under the supervision of Dr. Todd Kashdan. Assisted with development and revision of study protocol and surveys. Assisted with the development of the manual of study procedures for use by research assistants and graduate students. Assisted with development of study eligibility criteria. Coordinated participant recruitment. Created templates for participant correspondence regarding eligibility, study procedures, scheduling, and financial compensation. Scheduled eligible participants for phone appointment and in-person study sessions. Assisted with development of the monetary compensation structure for experience sampling surveys. Developed training procedures on protocol administration and study coordination. Implemented such procedures with research assistants.

GEORGE MASON UNIVERSITY, Fairfax, VA

Research Assistant

August 2016-July 2017

Lab director: Jerome Short, Ph.D.

Assisted with design and implementation of a daily diary study that examined the relationship between physical exercise and wellbeing. Assisted with development of study protocol and questionnaires. Administered surveys to participants. Analyzed study data on SPSS. Also collaborated on a meta-analysis on the effectiveness of positive psychology interventions as treatment for mood and anxiety disorders. Assisted with development of research questions and article inclusion criteria. Reviewed literature and coded articles based on inclusion/exclusion criteria. Coded means and standard deviations within included articles.

IOWA STATE UNIVERSITY, Ames, IAResearch Assistant

August 2015- May 2016

Network Community Counseling Services

Lab Director: Nathaniel Wade, Ph.D.

Assisted with management of a clinic and research laboratory that offers individual and group counseling to the Ames community. Scheduled and coordinated client intake and therapy sessions. Administered questionnaires to group and individual therapy clients. Entered and cleaned client data in SPSS. Assisted with a research project focused on stigma associated with mental health help-seeking behavior. Recruited participants, conducted semi-structured phone interviews about mental health stigma, and collected diagnosis information from mental health care providers. Assisted with development of mental health stigma measurement scale. Reviewed literature, independently developed potential items, and revised items with the research team.

DEPAUL UNIVERSITY, Chicago, ILResearch Assistant

June 2015-August 2015

Culture and Evidence-Based Practice Laboratory

Lab Director: Antonio Polo, Ph.D.

Assisted with various projects focused on Act & Adapt, an intervention program for low-income, ethnic minority adolescents at elevated risk for depression. Entered, cleaned, and merged data in SPSS. Organized client clinical files. Prepared materials for implementation of the Act & Adapt intervention. Received training in WMLS (Woodcock-Muñoz Language Survey) and implementation of Act & Adapt intervention.

IOWA STATE UNIVERSITY, Ames, IAResearch Assistant

January 2014 -May 2014

Self and Social Perception Laboratory

Lab Director: Zlatan Krizan, Ph.D.

Assisted with a study focused on the effects of physical movement on motivation. Independently ran study sessions with participants. Obtained informed consent, administered surveys to participants, and debriefed participants on study procedures. Trained research assistants on study protocol administration.

WORK EXPERIENCE

ACCESS Assault Care Center, Ames, IACrisis Advocate

August 2015-May 2016

Supervisor: Lynn Koch

Served as a certified Sexual Assault/Domestic Violence Victim Counselor. Provided advocacy to shelter clients during 8-hour shifts. Processed shelter intakes. Covered the Domestic Violence crisis line. Conducted exit surveys with clients for the Rapid Rehousing Program. Assisted with organization of ACCESS events.

PROFESSIONAL AFFILIATIONS

Phi Beta Kappa, national academic honor society
 Association for Psychological Science

LANGUAGE SKILLS

Spanish—native language; speak, read, and write.

REFERENCES

Todd Kashdan, Ph.D.

Professor

Department of Psychology

George Mason University, 2048 David King Hall, Fairfax, VA 22030

(703) 993-9486; tkashdan@gmu.edu

Jerome Short, Ph.D.

Associate Professor

Department of Psychology

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Antonio Polo, Ph.D.

Associate Professor

Department of Psychology

DePaul University, 2219 North Kenmore Ave, Chicago, IL 60614

(773) 325-7183; apolo@depaul.edu

Nathaniel Wade, Ph.D.

Professor

Department of Psychology

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