**STOP USING THE ORIGINAL 5DC AND USE THIS NEW VERSION:**

**Five-Dimensional Curiosity Scale Revised (5DCR)**

*Below are statements people often use to describe themselves. Please use the scale below to indicate the degree to which these statements accurately describe you. There are no right or wrong answers.*

1 – Does not describe me at all

2 – Barely describes me

3 – Somewhat describes me

4 – Neutral

5 – Generally describes me

6 – Mostly describes me

7 – Completely describes me

**Joyous Exploration:**

1. I view challenging situations as an opportunity to grow and learn.
2. I seek out situations where it is likely that I will have to think in depth about something.
3. I enjoy learning about subjects that are unfamiliar to me.
4. I find it fascinating to learn new information.

**Deprivation Sensitivity:**

1. Thinking about solutions to difficult conceptual problems can keep me awake at night.
2. I can spend hours on a single problem because I just can't rest without knowing the answer.
3. I feel frustrated if I can't figure out the solution to a problem, so I work even harder to solve it.
4. I work relentlessly at problems that I feel must be solved.

**Stress Tolerance: (entire subscale reverse-scored)**

1. The smallest doubt can stop me from seeking out new experiences.
2. I cannot handle the stress that comes from entering uncertain situations.
3. I find it hard to explore new places when I lack confidence in my abilities.
4. It is difficult to concentrate when there is a possibility that I will be taken by surprise.

**Thrill Seeking:**

1. Risk-taking is exciting to me.
2. When I have free time, I want to do things that are a little scary.
3. Creating an adventure as I go is much more appealing than a planned adventure.
4. I prefer friends who are excitingly unpredictable.

**Social Curiosity:**

**General Social Curiosity**

1. I ask a lot of questions to figure out what interests other people.
2. When talking to someone who is excited, I am curious to find out why.
3. When talking to someone, I try to discover interesting details about them.
4. I like finding out why people behave the way they do.

**Covert Social Curiosity**

1. When other people are having a conversation, I like to find out what it's about.
2. When around other people, I like listening to their conversations.
3. When people quarrel, I like to know what's going on.
4. I seek out information about the private lives of people in my life.

**Scoring instructions:**

Compute the average item score for each dimension and analyze separately (remember to reverse score Stress Tolerance items).

Use this citation when using the scale.

[**Kashdan, T.B.,** Disabato, D.J., Goodman, F.R., & McKnight, P.E. (in press). The Five-Dimensional Curiosity Scale Revised (5DCR): Briefer subscales while separating overt and covert social curiosity. Personality and Individual Differences](https://www.researchgate.net/publication/336571293_The_Five-Dimensional_Curiosity_Scale_Revised_5DCR_Briefer_subscales_while_separating_general_overt_and_covert_social_curiosity)